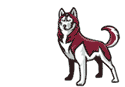
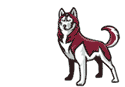
College life: Levels of PHysical Exercise

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| --- | --- | --- |
| PHYSICAL EXERCISE DECREASING   * College Students are getting less exercise than high school students   WHY IS THIS HAPPENING   * Fewer college students are playing sports * Increased school workloads * Job responsibilities   HOW CAN WE FIX THIS   * Parents need to encourage their students to exercise * Encourage sports participation * Warn students of the risks of not meeting required exercise levels. |  |  |









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